How receiving an award benefits you:

- Increases your visibility in your field
- Expands your professional network
- Enhances your self-esteem
- Furthers your professional reputation
- Enhances your credibility
- Brings prominence to the department, the college, and the University
- Makes you eligible for other recognitions and leadership roles
- Brings about greater acceptance and recognition of you and your work in academia

How your award benefits all women:

- Increases women’s visibility in their fields
- Celebrates the accomplishments of women
- Encourages women to go into the sciences and engineering in academia
- Breaks down cultural, attitudinal, and structural impediments that make it difficult for women to persevere
- Makes you a role model to other women
- Helps diversify the image of science

Awards are not an endpoint!
Winning an award opens doors to new opportunities:

- Aligning awards with your career goals advances your science
- Having experience applying for and/or receiving awards allows you to be a representative, a mentor, and a leader
- Winning an award for your work enhances the prestige of the entire University
- Receiving an award positions you for selection to national committees, named lectureships, policy sitting boards, etc.

Always be prepared to apply and be nominated for awards.

Keep updated versions of the following:

- Your curriculum vitae
- A description of your current work
- A list of 4-5 people who will write letters for you (2 inside the University; 3 outside the University)
- A list of what awards matter to you in your career
- A strategic and deliberate plan

Now what?

- Contact department chairs, professional societies, general societies, and let them know of your interest
- Get to know people who have previously won the award in which you are interested
- Cultivate a national mentor
- Fill out an award application yourself
- Regularly scan the University’s, departments’, and societies’ websites for awards and award deadlines

Push Yourself
Encourage a Colleague
Be a Nominee
Be a Nominator
This Year
Each Year

Any opinions, findings, and conclusions or recommendations expressed in this material are those of the author(s) and do not necessarily reflect the views of the National Science Foundation.
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### Examples of awards, recognitions, and special grants

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Timeless Awards: Teaching excellence awards; community and public service awards; book/publication awards; key committee memberships.