**What Types of Mentors/Mentees are There?**

**Learning Goal:** The participants will learn about different mentoring styles, and why different styles are effective for different people and pairs of people.

1. What type of mentor are you currently, and what type do you strive to be?

**Mentor 1:** This professor is very hands-on and likes to be the primary mentor for his/her graduate students. This professor works directly with students much of the time and wants to know everything that goes on all the time. This professor sets up weekly individual meetings and engages in frequent dialogue about the research.

   **Advantages:**

   **Disadvantages:**

**Mentor 2:** This professor is very famous and travels a great deal. Because of this, the researcher s/he advises have a formal system in which the senior researchers in the group act as mentors for the newer students. This professor keeps updated on the progress of each student via frequent emails and meetings when in town.

   **Advantages:**

   **Disadvantages:**

**Mentor 3:** This professor is hands-off. This professor is around but likes to give students space to see how they handle independence. This professor typically has senior students informally mentor the newer ones. This professor meets with each student once a month and holds regular structured meetings.

   **Advantages:**

   **Disadvantages:**